

We claim:

1. A pharmaceutical composition comprising:

- a) a gel component, intermixed with
- b) a laxative component.

2. The composition according to claim 1, wherein the gel component is selected from the group consisting of gelatin, pectin, carrageenen, agarose, agar, psyllium, cellulose, and agar-agar

3. The composition of claim 1, wherein the laxative component is a cathartic laxative component.

4. The composition according to claim 1, wherein the laxative component is selected from the group consisting of bisacodyl, docusate, polyethylene glycol, sodium sulfate, sodium bicarbonate, sodium chloride, potassium chloride, potassium sulfate, magnesium sulfate, sodium phosphate, phosphoric acid, and magnesium citrate, and combinations thereof.

5. The composition according to claim 4, wherein the laxative component comprises sodium phosphate.

6. The composition according to claim 5, wherein the sodium phosphate is present in the composition at a range of about 0.35 g to about 16 g per ml of liquid composition.

7. The composition according to claim 5, wherein the sodium phosphate is present as about 0.25 to about 12 g monobasic sodium phosphate, and about 0.1 g to about 4.5 g dibasic sodium phosphate per 100 ml liquid composition.

8. The composition according to claim 4, wherein the laxative component comprises magnesium citrate.

9. The composition according to claim 8, wherein the magnesium citrate is present in the composition at a range of about 1 g to about 11 g per ml liquid composition.

10. The composition of claim 4, wherein the laxative formulation comprises polyethylene glycol (PEG).

11. The composition of claim 10, wherein the PEG is present at from about 1 g to about 30 g per 100 ml liquid solution.

12. The composition according to claim 1, wherein the gel component and the laxative component are in powdered form.

13. The composition according to claim 1, further comprises at least one component selected from the group consisting of pharmaceutically compatible flavors, dyes, fragrances, stabilizers, and preservatives.

14. A kit for preparing a gelled laxative formulation, comprising:

- (a) a gel,
- (b) a laxative, and
- (c) instructions on how to prepare and use the formulation.

15. The kit of claim 14, wherein the gel component and the laxative component are provided in powdered form.

16. A method of cleansing the colon of a patient by orally providing a therapeutically effective amount of the pharmaceutical composition of claim 1 to a patient.